

Nursing

ANNUAL REPORT
YEAR IN REVIEW 2019



Dear Colleagues, Patients and Community Members,

It is with great pride that I share with you the 2019 Chester County Hospital (CCH) Nursing Annual Report. The report highlights our many accomplishments guided by our Nursing Strategic Plan, and in alignment with the Magnet model domains of:

Transformational Leadership (page 1)

Structural Empowerment (page 5)

Exemplary Professional Practice (page 9)

New Knowledge, Innovations and Improvement (page 15)

Through shared governance and patient-centered care, our nurses are driving our strategic operating plan and goals forward, resulting in an exceptional patient experience.

Magnet re-designation was achieved on August 19, 2019. Designation and re-designation are determined by the American Nurses Credentialing Center's Magnet Recognition Program, which ensures that rigorous standards for nursing excellence are met. Roughly eight percent of all hospitals in the nation are Magnet designated. With this designation, CCH remains a part of the 498 elite Magnet-designated hospitals nationwide. Nursing also achieved Baby Friendly designation on June 19, 2019. The Ten Steps of Baby Friendly is an evidence-based program established to increase breast feeding initiation and duration, which has proven beneficial for both mothers and infants.

The pursuit for nursing excellence continues to be centered on the hospital's ICARE values of Innovation, Collaboration, Accountability, Respect and Excellence, and in combination with Kristen Swanson's Caring Theory, which provides the framework of the hospital's Nursing Professional Practice Model. Nursing at Chester County Hospital practices in an environment which requires constant change and initiatives to exceed quality standards, balance tight budgets, and deal with competitive challenges while providing service excellence.

I am proud to say that we have achieved much success over this past year, through the many evidence-based outcomes we have realized, as well as the new technologies deployed to drive operational efficiencies. I invite you to take a few moments to read the stories and accomplishments highlighted in this report, remembering they are just a few of the many meaningful moments that have been created for the Chester County community. It is a privilege and an honor to work with the more than 650 professional and engaged nurses that make CCH an exceptional organization. I hope you enjoy reflecting on, as well as celebrating, the achievements of this past year.



Thanks for all you do for CCH and the people we serve.

Sincerely,
Angela R. Coladonato DNP, RN, NEA-BC
Senior Vice President/ Chief Nursing Officer
Chester County Hospital



As we navigate this very complex and changing world of health care we need to remember;

Change is the law of life.
And those who look only to the past and the present are certain to miss the future.

JOHN F. KENNEDY

Nursing 19

ANNUAL REPORT YEAR IN REVIEW

Transformational Leadership

Transformational leaders stimulate and inspire others to achieve extraordinary outcomes. By helping followers grow and develop, the transformational leader provides vision, inspiration, motivation and influence. The chief nursing officer in a Magnet-recognized organization is a knowledgeable, transformational leader who has a strong vision and a well-articulated philosophy of nursing.

LEADING BY EXAMPLE

Southeastern Pennsylvania Organization of Nurse Leaders

The Southeastern Pennsylvania Organization of Nurse Leaders (SEPONL) was chartered in 1986 as the Southeastern Pennsylvania Organization of Nurse Executives and is an affiliation of the Pennsylvania Organization of Nurse Leaders (PONL). The name of the organization was changed to reflect a philosophy that focused on nursing leadership. The primary mission of the original organization was, and remains today, to be a vehicle for networking and information exchange among nurse executives. The organization has evolved to include some 200 members, with the inclusion of all nurses in leadership positions being eligible for membership. SEPONL is a non-profit, personal membership society which promotes excellence in the practice of nursing administration. Angela Coladonato, DNP, RN, NEA-BC, was elected as a member-at-large to the Board of this prestigious organization. She is also the Chair of the Special Projects Committee. Rosanna Catania-Venuto, BSN, RN, Clinical Manager of the Clinical Decision Unit, was elected by SEPONL as the Emerging Nurse Leader and holds board seats on both SEPONL and PONL. In addition, she is a member of the Membership Committee for PONL. Susan Lynch, PhD, MSN, RN, CNOR, CSSM, RNFA, Associate Director of Surgical Services, serves as Chair of SEPONL. She is also on the Association of periOperative Registered Nurses (AORN) national guidelines advisory board, treasurer of the local AORN and a member of the educational committee for PONL.

Chief Nursing Officer Council

Coladonato is also co-chair of the University of Pennsylvania Health System (UPHS) Chief Nursing Officer (CNO) Council along with James Ballinghoff, DNP, MBA, RN, NEA-BC, Chief Nursing Officer/Associate Executive Director at Penn Presbyterian Medical Center. In this leadership position, Coladonato and her co-chair develop and update the UPHS CNO Council strategic work plan with the other council members. Additionally, the CNO Council is a forum to share best practices across the UPHS system.

Assistant Dean for Clinical Practice

University of Pennsylvania School of Nursing

Coladonato has a role as the Assistant Dean for Clinical Practice at the University of Pennsylvania School of Nursing. In this role she works with the other Dean and Associate Deans for academic programs, research, practice and policy. She serves as a preceptor and mentor for both Master of Nursing and Doctor of Nursing Practice students as requested.

Board of Trustees for Cardiovascular Angiography and Interventions

Janice Baker, MSN, RN, CEPS, NEA-BC, FHRS, completed her three-year term in May on the Board of Trustees for Cardiovascular Angiography and Interventions. She was the first non-physician member to serve on the Board.

Unite For Her

Eileen Curry, MSN, RN, CCRN, Professional Development Specialist, is a Professional Advisor for Reiki Unite for Her which is a breast cancer community support service.

The path to greatness is along with others.

BALTASAR GRACIAN Y MORALES



H.L. PERRY PEPPER LEADERSHIP AWARD

The H.L. Perry Pepper Award was established by the Women's Auxiliary in 2012 to recognize the outstanding qualities of Chester County Hospital (CCH) nurses. The 2019 Award went to Colin O'Neill, BSN, RN, PCCN from 4 Lasko. O'Neil is a role model and exemplifies our ICARE values every day. His upbeat positive attitude and disposition make him a joy to work with. His leadership is best exemplified by his care of a younger patient with a rapidly progressing disease. This patient could only blink his eyes, mutter a few words, blow into the call bell and use a retina-tracking computer to communicate. The call bell was problematic because it had to be placed perfectly in the corner of the patient's mouth. Ultimately, it would slip or drift away from his mouth. Showing innovation at its finest, O'Neill invented a call bell attached to an IV pole that the patient could use. The patient and his family were extremely grateful and lauded his innovation and shared, "Colin, no one has ever thought of that before, great job."



L-R Colin O'Neill, BSN, RN, PCCN and Patty Paulley, MSN, RN, CEN

UNIVERSITY OF PENNSYLVANIA NURSING CLINICAL EXCELLENCE AWARDS

The University of Pennsylvania Health System (UPHS) Clinical Advancement and Recognition of Excellence Program Committee (CARE) recognizes outstanding direct care nurses throughout the Health System. In 2019, several Chester County Hospital (CCH) nurses were nominated by their peers and managers for their clinical abilities. Winners were selected by the hospital's Professional Development Council. The winners, along with leadership, attended the UPHS CARE Awards Ceremony in April 2019.



The Lillian Brunner Award for Clinical Judgment and Decision Making was presented to Kim Johnson, MSN, RN, RNC-NIC from the Neonatal Intensive Care Unit. Johnson is a proven leader on her unit with both novice and experienced nurses alike looking to her for guidance and expertise.



The Rosalyn Watts Award for Nurse Patient/Family Relationship was presented to Cathryn Millares, BSN, RN, RN-BC, from 3 Lasko. Although Millares' middle name should be "volunteer," what stands out the most is her dedication to the National Eating Disorders Association. She spends countless hours educating staff and the community on this important disorder that often gets overlooked and even spends her own money to make posters, flyers, signs, and giveaways to raise awareness.



The Dianne Lanham Award for Clinical Leadership was presented to Kristin Taylor, BSN, RN, PCCN, from Critical Care Support. Great leaders are remembered for their impact on the organization in ways beyond the bottom line. They are role models that others seek to emulate. These are the leaders people remember fondly for the influence that helped shape their own personal journey. These qualities embody who Taylor is, in addition to her high moral values and cultural diversity.



The Helen McClelland Award for Clinical Scholarship was presented to Sharon Kirkby, MSN, RN, RNC-NIC, from the Neonatal Intensive Care Unit. Kirkby is passionate about research and Evidence-Based Practice and has mentored many nurses in forming PICO model questions and conducting literature searches.



The Victoria Rich Award for Transformational Leadership was presented to Fran Doyle, MSN, RN, CNML, Director of Maternal Child Services. This award is given to nurses in leadership/management positions that manage people, programs and/or processes and have a broad scope of impact on the organization. Doyle is a gifted transformational leader who is exceptionally skilled in seeing the big picture, facilitating change, gaining consensus and minimizing conflict in a way that creates and sustains a positive and proactive nursing culture.

University of Pennsylvania Health System Patient Safety and Quality Awards—Chester County Hospital had three teams honored at the 2019 University of Pennsylvania Health System Patient Safety and Quality Awards.



Overall Winner
Multidisciplinary approach to supporting heart failure patients by improving access to follow-up care within 7 days of discharge and reducing heart failure readmissions



Operational Winner
Barcode Medication Administration in the Emergency Department



Sustainable Award
Partnering with Families Through the Implementation of an Infant Safety Bundle



Honorable Mention
Penicillin allergy skin testing

Education is the most powerful weapon which you can use to change the world.

NELSON MANDELA



Structural Empowerment

Structural empowerment is the process in which staff have influence over their professional practice. This is organizationally supported through staff participation on committees, councils, evidence-based practice projects, research opportunities and lifelong learning. Nurses throughout the organization are involved in self-governance and decision-making structures, as well as processes that establish standards of practice and address issues of concern, in order to empower patients and positively impact their outcomes.

SHARED DECISION MAKING

Shared governance gives nursing a voice in decision-making processes that impact clinical practice. These councils are the cornerstone of Chester County Hospital's (CCH) nursing foundation and challenge nurses to participate in achieving excellent patient outcomes. Through the shared governance model, each nurse is seen as a leader and valued for his/her unique contributions to excellent, patient-centered care. Governance is based on a councilor model that is centered on the ICARE values and reevaluated at regular intervals to ensure that the councils are meeting their stated goals.



Shared Decision Making Councilor Model

Annual Nursing Retreat

The Annual Nursing Retreat was held on October, 24, 2019, at Penn Oaks Golf Club. The feedback was very positive, and there were several suggestions for potential topics for next year. The agenda was very robust and informative. The topics covered included:

1. Fuel the Flame
2. The Five C's of Resilience Through Change
3. Strategic Development
4. Journey Toward High Reliability
5. Who Do You Call for Research and EBP?
6. Translating Learnings into Action
7. Revision of the Nursing Strategic Plan

There were 115 participants, comprised of primarily frontline nurses as well as managerial and education staff. Based on the goals of the shared decision-making councils and the input and feedback from the participants, the nursing strategic plan for the year was laid out.

In addition, a new nursing strategic plan was introduced to the group. Using the mission, vision, values, and priorities of CCH and the University of Pennsylvania Health System as its foundation, the Nursing Strategic Plan aligns closely with the organization's strategic plan.





2019 DAISY Award Recipients



Kerri O'Brien
BSN, RN, RN-BC



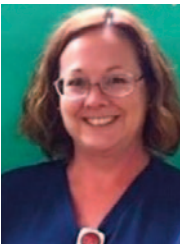
Shelly McComsey
RN



Mary Smythe
RN, CCRN



Jordan Hagerty
BSN, RN



Jennifer Secord
RN, CCRN



Heather Iademarco
RN



Donna Hagerty
RN



Maureen Trunk
RN



Lisa Thule
BSN, RN, RNC-OB



Katie Constantini
MSN, RN, RNC-MNN,
CBC

The DAISY Award is a national program that rewards and celebrates the extraordinary clinical skill and compassionate care given by nurses every day. The DAISY Foundation was established in 2000 by the family of J. Patrick Barnes. During an eight-week hospitalization, his family was awed by the care and compassion his nurses provided to Barnes and his entire family. They created the DAISY Foundation to recognize extraordinary nurses everywhere who make an enormous difference in the lives of so many people by the excellent work they do every day.

The hospital is proud to be a DAISY Award hospital partner by recognizing one of its nurses with this special honor every month. DAISY Award honorees personify the hospital's remarkable patient experience. To be considered for a DAISY Award a nurse must consistently demonstrate excellence through clinical expertise, extraordinary compassionate care, and be recognized as an outstanding role model in the hospital's nursing community.



First DAISY Team Award

The DAISY Team Award is designed to honor collaboration by a team who identify and meet patient and/or patient family needs by going above and beyond the traditional role of nursing. The Daisy Team Award is presented annually. The first Daisy Team Award was presented to Critical Care Unit (CCU) The team granted the wishes of a declining patient to see her son get married.

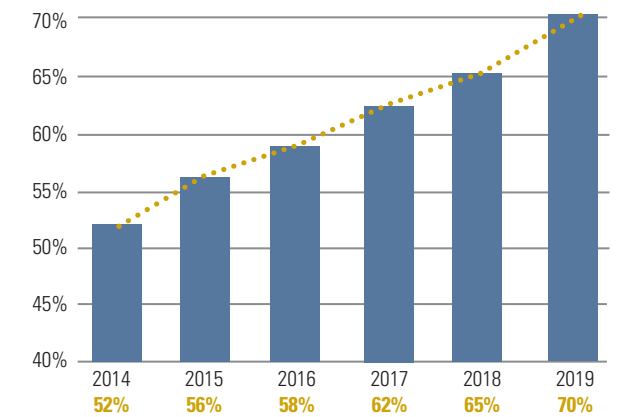
At 5 PM on February 7, 2019, the ceremony began in CCU. The patient's husband, dressed in a suit, stood at the head of the bed, next to his wife. The bride and groom stood at the foot of the bed with the priest. Several family members were seated in chairs at the patient's bedside. The monitor was silenced so that the family could focus on the event at hand. Staff formed a semi-circle outside the door of the room. This was caring that extended beyond clinical aptitude to touch the souls of everyone present.

Pictured above L-R, Moira Hoch, Meghan Doble, Mary Fran Keating, Danielle Downing, Pat Cassel, Brenda Fairchild, Suzanne Henrick

RN TO BSN OR HIGHER EDUCATION

The hospital empowers nurses at all levels to build on their knowledge base to enhance practice, education, administration and theory development. The hospital supports formal nursing education by providing education assistance, nursing scholarships, Professional Recognition of Initiative, Skill and Merit (PRISM) clinical ladder points, college fairs and open houses, flexible scheduling, academic partnerships, encouragement and goal setting through the performance appraisal process. A recommendation from The Institute of Medicine Report is for hospitals to have 80 percent of nurses with a Baccalaureate degree in nursing (BSN) by 2020. As part of our Nursing Strategic Plan, and in an attempt to achieve this recommendation, a goal has been set to increase the percentage of BSN nurses at Chester County Hospital by three percent annually.

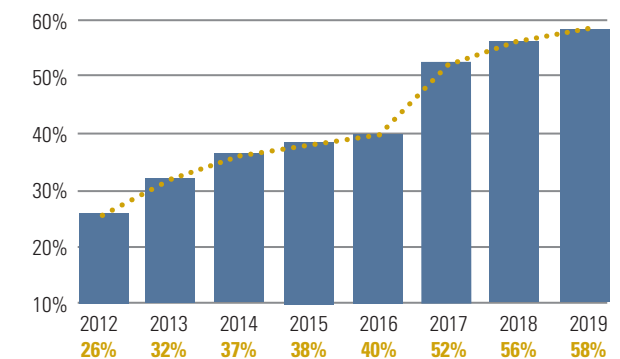
Percentage of Nurses with BSN or Higher Degree in Nursing



SPECIALTY CERTIFICATION

Obtaining professional certification supports the Professional Practice Model and allows nurses to show their ongoing commitment to their patients and to their profession. Certification of the expert knowledge they have achieved in their specialty area of practice sends a message to patients that the nurses caring for them are committed to excellence. The number of certified nurses continues to increase, which is a reflection of our commitment to enhance their knowledge, skills and abilities. This initiative is supported through onsite preparatory classes, points on the PRISM clinical ladder and certification reimbursement for the test.

Percentage of Nurses with Specialty Certification



THE WOMEN'S AUXILIARY NURSING SCHOLARSHPS

For more than 125 years the Women's Auxiliary has generously supported Chester County Hospital through donations, fundraising events and scholarships for nurses enrolled in nursing degree programs. A total of \$3,500 is distributed equally in the fall and spring semesters to help nurses at all levels achieve their educational goals. All eligible staff members are required to complete the nursing Scholarship Application.

2019 Scholarship Recipients:

- Clarissa Hake, BSN, RN, CCRN – Intensive Care Unit
- Casey Massimini, BSN, RN, RN-BC – 4 Lasko
- Nichole Coleman, BSN, RN, PCCN – 4 Lasko
- Brittany Henderson, RN – Cardiac Rehab
- Cathryn Millares, BSN, RN, RN-BC – 3 Lasko
- Julianna Zak, Nurse Extern – Clinical Decision Unit
- Ashley Sisson, BSN, RN – Neonatal Intensive Care Unit
- Melanie Dyszel, BSN RN RN-NIC – Neonatal Intensive Care Unit
- Kristina Rhone, RN – Pediatrics
- Lauren Scheuer, NA – Clinical Decision Unit
- Emily Cosgrove, NA – Clinical Decision Unit
- Taryn Cianci, Tech – Emergency Department
- Andrew Giannini, RN – In-house Registry
- Caityln Keslick, Unit Coordinator – In-house Registry

VOLUNTEERS GIVING BACK TO THE COMMUNITY

South Africa

Beth Rubenstein, UC; Kim Kuhlman, RN; and Terri Smith, BSN, RN joined a team from Hopewell United Methodist Church from Novemebr 17, 2019 – November 29, 2019, serving on a mission trip to South Africa. Hopewell partners with an organization called Mosaic SA. It is estimated that there are 5.2 million orphans in South Africa. Mosaic has three locations and their vision is that "every orphan and vulnerable child is loved and cared for within a family setup, with resources and opportunities to thrive." Most orphaned children are being raised by a grandmother, aunt and/or even a neighbor. The fathers are mostly absent. These families live in small shack like structures that have no running water and essentially no utilities. Mosaic identifies caregivers and helps them through creating jobs and assists the children by providing access to quality education, good after school programs, access to a meal, talent development as well as providing emotional and spiritual growth development. Mosaic takes a family that is willing to do the work necessary to grow and sustain their family and removes them from the shacks into a three-bedroom brick house with utilities, a bathroom, full kitchen and running water. Chester County Hospital's volunteers were involved with building houses 11 and 12. The team also participated in the activities for children and caregivers at the Mosaic Community Center.



Director of Spanish Health Ministry

Chester County Hospital's Ob/Gyn Clinic bilingual staff nurse, Dona Sensenig, BSN, RN, has been the Director of the Spanish Health Ministry, a nonprofit organization in Kennett Square, for more than 30 years. Sensenig provides transportation, interpretation, nurse navigation support and much more for the Spanish-speaking patients in Southern Chester County. We are very fortunate to have her on staff as she is the link between high-risk expectant mothers and continuing care for themselves and their babies after delivery.

Partnering with First Responders

In April 2018, CCH launched its first EMS heart screening program which includes measurements of blood pressure, cholesterol, height and weight, an electrocardiogram; and questions about diet, exercise, sleep patterns and family history. This year the program was expanded in April 2019 to include 911 Center employees, firefighters and EMS personnel. Of those screened, 69 percent required follow-up. Volunteers from various disciplines within the hospital donate their time and expertise to screen this high-risk population.

Exemplary Professional Practice

Exemplary Professional Practice is guided by a Professional Practice Model (PPM). The PPM, based on Kristen Swanson's Caring Theory, is the concept of relationship-focused care and the hospital's ICARE values. It supports the nurse's control over the delivery of care predicated on evidence-based practice and the environment in which care is delivered. The achievement of exemplary professional practice is grounded by a culture of safety, quality monitoring and quality improvement. Nurses collaborate with other disciplines to ensure that care is comprehensive, coordinated and monitored for effectiveness.



Magnet Redesignation

On August 19, 2019, Chester County Hospital learned that it achieved Magnet® redesignation as a reflection of its nursing professionalism, teamwork, and superiority in patient care.

During the scheduled call to announce the hospital's Magnet decision, Sharon Pappas, PhD, RN, NEA-BC, FAAN, vice chair of the ANCC's Commission on Magnet, shared that the Commission unanimously voted to credential Chester County Hospital as a Magnet organization once again, saying, "This accomplishment is a testament to your commitment to nursing excellence. The Commission on Magnet recognizes your organization's dedication to nurses, to the entire health care team, but most importantly, to the patients that you serve."

In total, the hospital submitted 325 pages of outcomes data which highlighted 88 examples of how it met Magnet requirements. In addition to its Magnet Recognition Program documentation, the hospital also participated in a three-day site survey conducted by Magnet appraisers. These evaluators met with more than 250 nurses, physicians, advanced practice providers, and other staff, as well as patients and families.

Above L-R: Michael Duncan, President and CEO; Patty Paulley, MSN, RN, CEN; Kimberly Derr, BSN, RN; Angela Coladonato, DNP, RN, NEA-BC, Rebecca Mountain, DNP, RN; Donna Taylor, MSN, RN, CCRN

Baby Friendly Recognition

Chester County Hospital has received prestigious international recognition as a designated Baby-Friendly birth facility by Baby-Friendly USA. Baby-Friendly USA, Inc. is the national authority for the implementation of the Baby-Friendly Hospital Initiative, a global program sponsored by the World Health Organization and the United Nations Children's Fund. The Baby-Friendly Hospital Initiative works to improve the care of pregnant women, mothers and infants. The goal of the Baby-Friendly initiative is to protect, promote and support breastfeeding.

In support of its Baby Friendly designation, Chester County Hospital has also adopted a "Family Centered" model of treatment. This method ensures that education about infant care and feeding practices are offered and families are encouraged to make informed decisions about what is best for themselves and their babies. In addition, whether a mother has a vaginal or a caesarean birth, she gets to experience the hospital's "Welcome Hour" - 60 minutes of skin-to-skin time for mother and baby bonding immediately after birth. Healthy babies and their mothers are also encouraged to stay together and practice "rooming in."

To date, there are 574 active Baby-Friendly hospitals and birth centers in the United States and 14 in Pennsylvania. Chester County Hospital is the first hospital in Chester County, PA to achieve the Baby Friendly designation.

The achievements of an organization are the results of the combined effort of each individual.

VINCE LOMBARDI



University of Pennsylvania Health System Days Free Awards

Numerous Chester County Hospital nursing units were awarded the University of Pennsylvania Health System Days Free Awards in 2019. These awards recognize nursing units that have been free from hospital-acquired infections. Many units received more than one award. Units recognized were:

- 4 LASKO
- 3 LASKO
- 4 NORTH
- PCU
- 3 NORTH
- WEST WING I
- NICU
- CCU

Professional Recognition of Initiative, Skill, and Merit

Chester County Hospital has a history of excellence in nursing practice. In 2010, in an effort to continue the advancement of nursing and to support frontline staff, the Professional Development Council instituted Professional Recognition of Initiative, Skill, and Merit (PRISM), a clinical ladder for nursing. The first recipients were designated in December 2011.

Direct-care nurses undergo a stringent application and interview process that includes professional recommendations, exemplars and the development of a professional portfolio. The PRISM Clinical Ladder program makes nurses feel valued and validates that their practice is acknowledged by their leaders and peers. This program gives direct-care nurses an opportunity to develop their careers while remaining at the bedside.

The PRISM Pinning Ceremony was held on January 29, 2020, in the Board Room. A total of 74 nurses were recognized.

GOOD CATCH AWARDS

The Good Catch Award is given to staff members who are accountable for their professional practice and are committed to quality of care. The "Good Catch Award" examines all near misses reported each month. A near miss is an unplanned event that didn't result in injury, illness or death, but had the potential to do so if it reached the patient. The lessons learned from these events are then shared with the rest of the hospital.

Recipients are chosen every month by a multidisciplinary committee after reviewing the events reported, analyzing the report information for each event, and identifying "good catch" events.

The winner is determined by scoring in the following areas:

- Severity of the near-miss event
- Educational value
- Impact on organizational patient safety
- Following established practice
- Timeliness of reporting the event



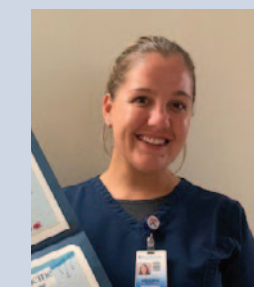
Bruce Kimball, MSN, RN, PCCN



Karlie Scavicchio, BSN, RN, CEN



Maria Springer, BSN, RN, PCCN



Arianna Delfino, RN



John Keslick, BSN, RN



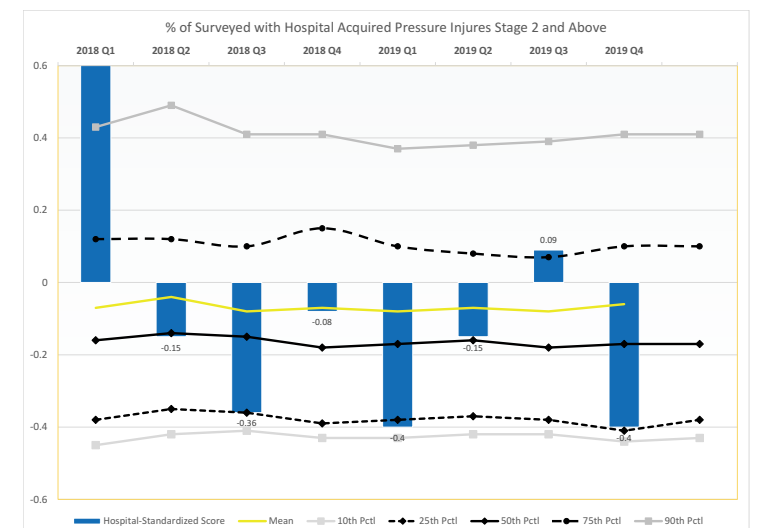
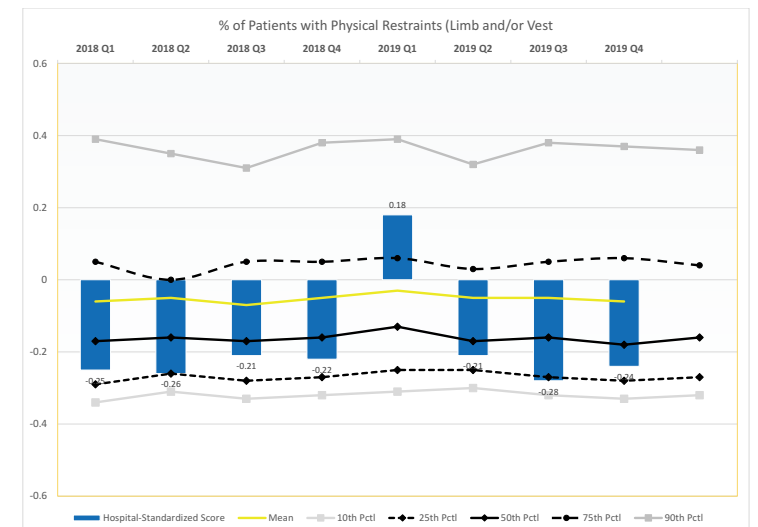
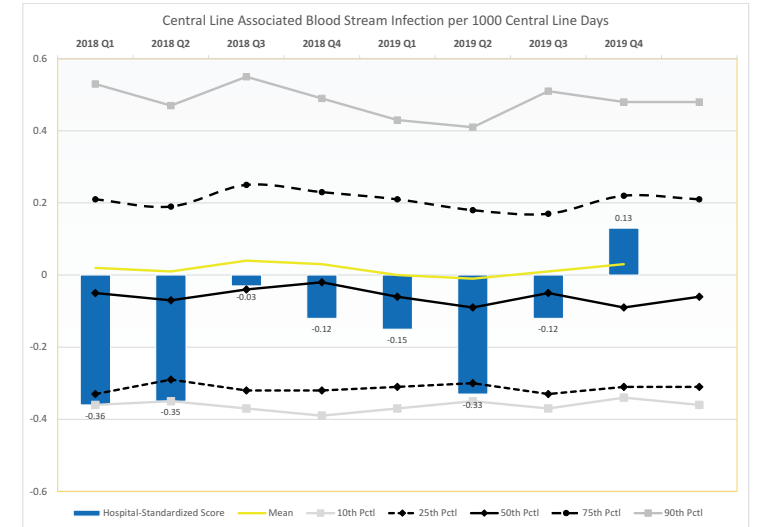
FALLS BLITZ DAY

Falls Blitz Day, sponsored by the Falls And Safety Taskforce committee (FAST), was held October 23, 2019. Tips on how to keep your patients safe were featured, however the highlight was Chester County Hospital's first escape room. An escape room, also known as an escape game, is a game in which a team of players cooperatively discover clues, solve puzzles and accomplish tasks in one or more rooms in order to progress and accomplish a specific goal in a limited amount of time. The goal is often to escape from the site of the game. This innovative way of making learning fun was spearheaded by Cathryn Millares, BSN, RN, RN-BC, and Kelsey Bunting, BSN, RN. Prizes were given out for the team that escaped in the fastest time and a raffle was held for those completing crossword puzzles on fall risk factors and safety precautions.



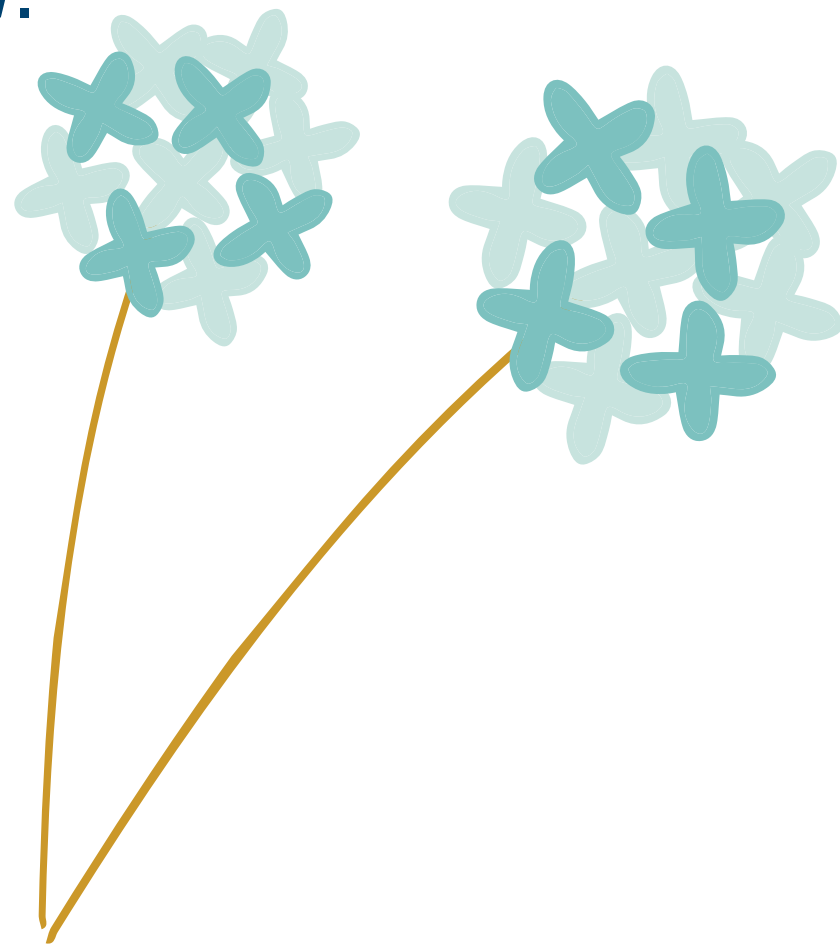
NATIONAL DATABASE OF NURSING QUALITY INDICATORS NURSE SENSITIVE INDICATORS

The hospital submits nurse-sensitive indicator performance data to the National Database of Nursing Quality Indicators (NDNQI) for patient falls, hospital-acquired pressure ulcers, ventilator-associated events (VAE), hospital acquired infections and restraint prevalence. The data are benchmarked against the mean of hospitals with Magnet designation to evaluate the quality of nursing care. Patient Falls, Central Line Associated Blood Stream Infections and VAE are aggregated at the organizational level.



The secret of change is to focus all of your energy, not on fighting the old, but on building on the new.

SOCRATES



New Knowledge, Innovations and Improvements

Evidence-based practice and research are conscientiously integrated into clinical and operational processes. Nurses are educated about evidence-based practice and research, enabling them to appropriately explore the safest and best practices for their patients and practice environment, and to generate new knowledge.

National Magnet Conference 2019

The American Nurses Credentialing Center (ANCC) held its annual Magnet conference this year in Orlando, Florida, October 10-12, 2019. The theme of this year's conference was "Educate, Innovate, Celebrate." ANCC's goal is to inspire and galvanize nurses to transform health care. Chester County Hospital was fortunate enough to send 22 nurses to the conference. Chester County Hospital was honored at the conference for its Magnet redesignation. Staff had the opportunity to learn and network with colleagues from 23 countries across the world.

Upon return, each nurse gave a presentation on what they learned to either the Executive Coordinating Council or the Magnet Ambassador's Council. Next year's conference is being held in Atlanta, Georgia.



Penn Medicine CAREs Grant

A Penn Medicine CAREs grant was awarded to The Well, an outreach program developed by the members of Hopewell United Methodist church. The physical site is in a renovated building located in the borough of Downingtown, PA. The Well was designed to support and complement existing local community programs. Presently the center is being used for a Celebrate Recovery program, a weekly men's bible study, English as a Second Language program, after school tutoring and activities, a summer program for children, cancer art therapy, older adult exercise, fitness, and crafts. Future services include shelter/housing, health screenings, and health education.

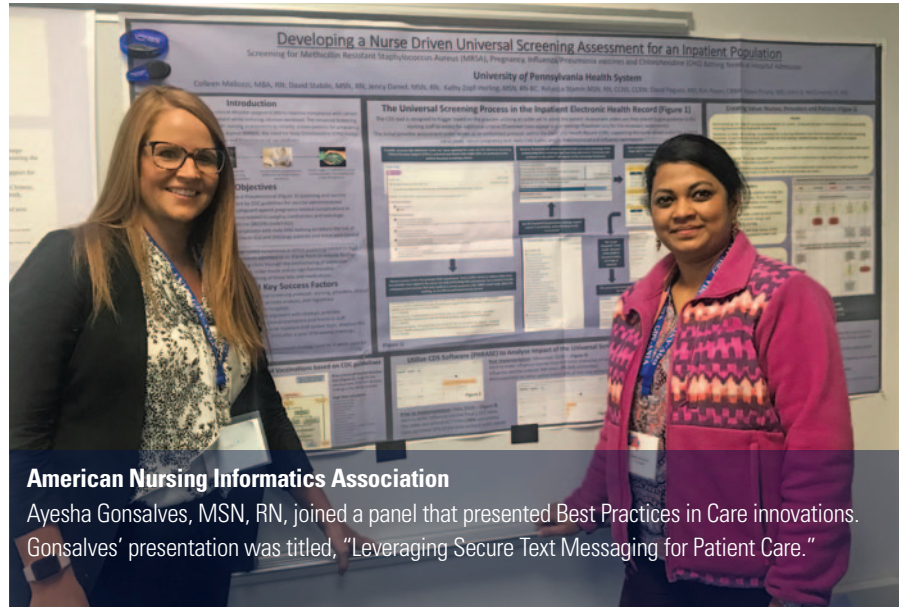
The program site did not have an AED for emergencies. An application was completed by Kathy Hubbard, MSN, RN, CPAN, to seek funding for the purchase of an AED. The grant was awarded and an AED was purchased and delivered to the site. Education and training is currently being completed.

Vizient/Nurse Residency Program

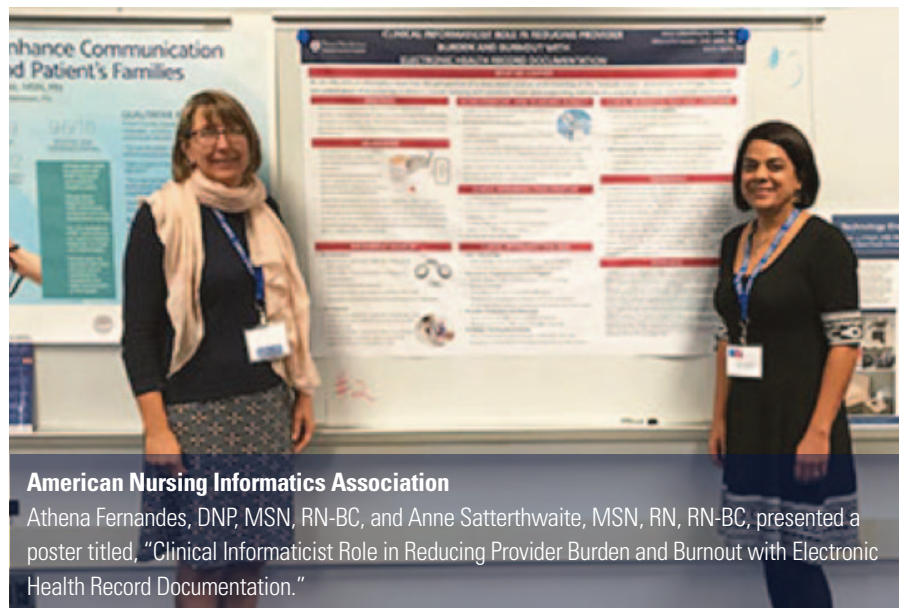
The 2020 Vizient/AACC Nurse Residency Conference accepted Cardiac Rehab nurse Brittany Henderson's abstract titled, "Don't Miss a Beat: Refer More Hearts." The conference was scheduled for March 9-12, 2020, in New Orleans.

Sandra Seiler, MSN, RN, CRNP, Staff Development Specialist, co-authored: "Escaping the Confines of Traditional Instruction: The Use of the Escape Room in a Transition to Practice Program," which was published in the November/December Issue of the Journal of Nursing Professional Development (JNPD).

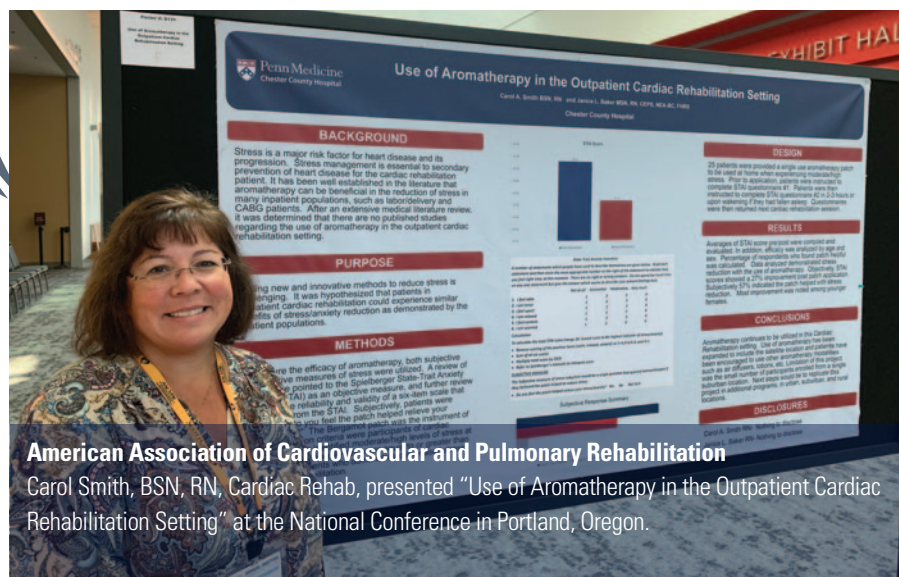




American Nursing Informatics Association
 Ayesha Gonsalves, MSN, RN, joined a panel that presented Best Practices in Care innovations. Gonsalves' presentation was titled, "Leveraging Secure Text Messaging for Patient Care."



American Nursing Informatics Association
 Athena Fernandes, DNP, MSN, RN-BC, and Anne Satterthwaite, MSN, RN, RN-BC, presented a poster titled, "Clinical Informaticist Role in Reducing Provider Burden and Burnout with Electronic Health Record Documentation."



American Association of Cardiovascular and Pulmonary Rehabilitation
 Carol Smith, BSN, RN, Cardiac Rehab, presented "Use of Aromatherapy in the Outpatient Cardiac Rehabilitation Setting" at the National Conference in Portland, Oregon.

Pediatric Symposium

The annual Pediatric Symposium was held May 2, 2019. Highlights included the impact on mental and emotional health on transgender youth, adolescent substance abuse and eating disorders. Numerous skill stations were available including a respiratory station, specialized pediatric equipment, imminent delivery station, IO practice station and a pediatric port station.

Nurse Residency Program

The Nurse Residency Program, in conjunction with the University of Pennsylvania Health System, is a 12-month program designed to support Baccalaureate nursing graduates as they transition into their first professional nursing role. The program consists of a series of work and learning experiences that emphasize and develop the clinical and leadership skills necessary for the advanced beginner nurse to become a successful part of the health care team. The Nurse Residency Program participates in the Vizient/AACN Nurse Residency Program™ curriculum, which utilizes Patricia Benner's well known theoretical framework from her book From Novice to Expert: Excellence and Power in Clinical Nursing Practice.

The program includes an emphasis on:

- Critical thinking
- Patient safety and minimizing risk
- Leadership
- Communication
- Evidence-based practice
- Patient- and family-centered care
- Professional development

The Nurse Residency Program project focuses on the quality improvement process as part of the curriculum. The residents use the PICO format to frame the project. Nurses completing the residency program in 2019 shared their evidence-based practice projects with the Executive Coordinating Council:

1. Brittany Henderson (Cardiac Rehab): "Don't Miss a Beat: Refer More Hearts"
2. Kenneth Woods (ED), Erin McFadden (PCU), Danielle Celotto (ICU), Jason Goodwin (3N)
 "Is there an EPIC Problem with Medication Education?"
3. Kylie Henn (4 Lasko): "Let's Raise the Bar with PCNR"
4. Sierra Annand (4N), Jordan Hagerty (L&D), Nic Puzzangara (ED): "Repita por favor?"

We are products of our past,
 but we don't have to be
 prisoners of it.

RICK WARREN



KEY

| | |
|---------|--|
| AOCN | Advance Oncology Certified Nurse |
| CAPA | Certified Ambulatory Peri-Anesthesia |
| CCCC | Certified Chest Pain CENter Coordinator |
| CCE | Certified Childbirth Educator |
| CCM | Certified Case Manager |
| CCRN | Certified Critical Care Nurse |
| CCRP | Certified Cardiac Rehab Professional |
| CCRP | Certified Clinical Research Professional |
| CDE | Certified Diabetes Educator |
| C-EFM | Certified Electronic Fetal Monitoring |
| CEN | Certified Emergency Nurse |
| CFRN | Certified Flight Registered Nurse |
| CHRN | Certified Heart Failure Registered Nurse |
| CLC | Certified Lactation Consultant |
| CMSRN | Certified Medical Surgical Registered Nurse |
| CLNC | Certified Legal Nurse Consultant |
| CN-BN | Certified Nurse Breast Navigator |
| CNE | Certified Nurse Educator |
| CNML | Certified Nurse Manager Leader |
| CNOR | Certified Nurse Operating Room |
| CPAN | Certified Post Anesthesia Nurse |
| CPEN | Certified Pediatric Emergency Nurse |
| CPN | Certified Pediatric Nurse |
| CRNI | Certified Registered Nurse of Infusions |
| CRNP | Certified Registered Nurse Practitioner |
| CSC | Cardiac Surgery Certification |
| CWCN | Certified Wound Care Nurse |
| CWS | Certified Wound Specialist |
| IBCLC | International Board Certified Lactation Consultant |
| NE-BC | Nurse Executive Board Certified |
| NEA-BC | Nurse Executive Advance Board Certified |
| OCN | Oncology Certified Nurse |
| PCCN | Progressive Care Certified Nurse |
| PHRN | Pre-Hospital Registered Nurse |
| SANE | Sexual Assault Nurse Examiner |
| RN-BC | Board Certified Registered Nurse |
| RNC-MNN | Certified in Maternal Newborn Nursing |
| RNC-NIC | Certified Neonatal Intensive Care Nurse |
| RNC-OB | Certified Inpatient Obstetrics Nurse |
| WHNP-BC | Women's Health Nurse Practitioner Board Certified |

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Chester County Hospital Department of Nursing looks forward to the challenges and opportunities the upcoming year will bring.



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